



Moon Bites make periods less scary

Why do periods suck? Our hormonal balance has been thrown off by environmental toxins, pesticides in our food, overexposure to blue light, and high-stress lives. 🥲

Seed syncing can help support your body to get back in balance. 🌱 It is a nutritionist-backed practice that can help regulate hormones, often resulting in more regular periods,

less hormonal acne and cramps, fewer mood swings and menstrual migraines, and more.



Moon Bites are 40g energy bites that include the exact quantities of organic, raw seeds needed daily to follow the seed syncing practice. 🥰 They make it simple, as they require no preparation or planning ahead of time. ✅ 🍪

SHOP MOON BITES

Moon Bites can help zap acne and tame cramps



Organic Moon Bites

1-Month Supply

\$85

SHOP NOW



Organic Moon Bites

2-Month Supply

~~\$170~~ \$160

SHOP NOW



Organic Moon Bites

3-Month Supply

~~\$255~~ \$225

SHOP NOW

Pair with Moon Mylks to ease bloating and boost energy



Moon Mylk

Maca Cacao

\$26

[SHOP NOW](#)



Moon Mylk

Moringa Lucuma

\$26

[SHOP NOW](#)



Moon Mylk

Maca Cacao + Moringa Lucuma
Bundle

~~\$52~~ \$40

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